

# Pembrokeshire County Swimming

Minutes of meeting - Monday 20th November 2023

	ITEM	REMARKS/DISCUSSION/DECISION	ACTION
1.	Present	Meeting was held via Teams  Start – 7.45pm      End – 9.10pm  Matthew Lewis, Gary Nicholas, Gareth Bennett, Lucy Clissold, Hywel Thomas, Nicola Griffiths	
2.	Apologies	Craig Nelson, Nick Russell, Neil Arnold, David Andrews	
3.	Minutes from last meetings  Acceptance of minutes	Minutes reviewed from meeting on 12 <sup>th</sup> July 2023 Proposed – GB Seconded – LC  Minutes reviewed from meeting on 23 <sup>rd</sup> October 2023 Proposed – GB Seconded - HT <b>(It was decided that these minutes would not be shared publicly on the website due to the sensitive nature)</b>	
4.	Chairmans Report	Thanks so much for your time. I have a few general items to raise later, but for now, let's move straight on!	
5.	Coaches Report	Competitions: County Champs, really happy with the new schedule, great turn out from the clubs, hopefully this keeps growing year to year now!  Amman Valley, Really good day of learning from mainly our younger swimmers: Top Boy – Owen Fletcher Top Girl – Elizabeth Davies Best Club – PCS  Stockport open, cancelled – Nick/David Andrews sorting out with swimmers involved)  Up Next – Regionals/Welsh SC  Camp – Really positive camp, lots of good training & the swimmers learnt a lot over the week. Green hat winners (sprint) : Ellie White, Katheryn Koo Red hat winners (values) : Own Fletcher, Niamh Devonald Yellow hat winners (best trainers) : Daisy Cutting-Galdes, Finley Bennett  Club development – 4 stroke CPD's really good turn out and involvement from the clubs  Club visits now planned over the next 3 weeks, looking to back up the learning from the CPD's  There is a coach Spond group now set up. This allows us to send videos of drills etc. to the group, helping develop the coaches, access has been given to all coaches who came to the CPD's. The aim is to have continued development of	

		coaches rather than a one off CPD programme. We will be looking to work on start/turn CPD's after the visits.	
5.	<b>Pembrokeshire Leisure</b>	<p>GN reported membership numbers to be 293</p> <p>Crymch – 17 Fishguard – 50 Haverfordwest – 101 Milford – 34 Pembroke – 44 Tenby – 47</p> <p>Need to look at the make-up of some of the clubs – looking at hours &amp; what the clubs need. Hours &amp; lanes may need to be reviewed in each club to make sure space is being utilised. GN emphasised that these reviews are not a criticism of the clubs &amp; the need for 2 way conversations is important. We need to work together in order to make aquatics popular and work for everyone. An example could be working alongside a public swim or working with a neighbouring pool.</p>	
6.	<b>PCS Fixtures</b>	<p>June 22<sup>nd</sup> – 23<sup>rd</sup> 2024 a new invite gala will be run in Haverfordwest. Clubs such as Nofio Sir Gar, Swansea, Neath, Carmarthen &amp; RCT could be invited to join us. This will generate income for PCS. The organisation for this is in progress.</p>	
7.	<b>Finance</b>	<p>No treasurer's report as the accounts are with the auditors. Not sure of an exact date they will be finalised</p> <p>Stockport Meet Cancellation – have parents been communicated to concerning either a refund of entry fees or holding them on account to offset against future galas? Yes, everyone has been contacted and given the 2 options. Need to let Nick and David know their choice.</p> <p>Agreement of level of club distributions from County Champs £5940.00 profit A suggestion of £400.00 to each club, £1000.00 in reserve so clubs can request any extra funding</p> <p>PCS plans for 23/24, so DA can cost them through</p>	<b>Suggestion to be checked with DA to make final decision</b>
8.	<b>Publicity/ Communications</b>	<p>Could we have a push on promoting our swimmers successes – including schools? LC has written a letter which can be passed on to schools to work together – this will be forwarded to ML to look at.</p>	
9.	<b>Club Reports</b>	<p>Milford – where are we with the return of the league? Alternatively, could a spring L3 local meet be considered? – see general items.</p> <p>Can the PCS CPD's be repeated? – there wasn't much notice &amp; most of the dates coincided with squad sessions, so had problems attending. Feedback from the volunteers from Milford who did attend was extremely positive &amp; drove some great ideas on the strokes.</p> <p>Tenby – Thank you for the delivery of the CPD sessions, lots of positive feedback.</p>	<b>Check with CN</b>

		<p>Could the links for the sessions be sent out, so coaches who couldn't attend can see? Important that everyone is kept up to date with new CPD sessions, so we are all working on the same platform.</p> <p>Are there new session plans being developed for clubs?</p> <p>Can CN or NR attend Tenby, so they can use the diving blocks? Have county had any news from Swim Wales about new diving &amp; turns development courses for teachers &amp; coaches? LC had heard that clubs can do this diving course rather than complete the L2 course &amp; be able to coach diving off the blocks in clubs.</p> <p>Tenby diving blocks have still not been sorted. LC has mentioned it to the leisure centre on numerous occasions. GN to look in to this &amp; get it to progress.</p> <p>Haverfordwest – Is the pace clock going to be put back up? Progress has been made as new places to put it have been discussed. GN will chase this up &amp; communicate with GB to check all in agreement.</p> <p>It is a struggle to cover Waterdragon sessions, as coaches have moved up to pathway – could there be an opportunity for waterdragons to train alongside pathway? Check with Haverfordwest leisure centre – it can be difficult to balance club swimming alongside public sessions. GN will also raise this.</p> <p>What do other clubs charge for annual membership fees? Seems to range between around £12 - £15</p> <p>What is the progress with the timing clock? GN has asked CN to reach out to Swim Wales to get more of an understanding of what's wrong. Power units have gone &amp; it needs to be double checked if it is worthwhile doing anything further, then looking at a plan from there.</p>	<p><b>ML to contact Swim Wales to find out further information as this would benefit clubs.</b></p>
<p><b>10.</b></p>	<p><b>General items</b></p>	<p>Team events : series/league (regional relays) Suggestion of possible running a mini 3 meet series in 2024, with the line up being events classic – relays – skins Have it as a trial, to work out how the age groups would work, finding the best way we can run the events. We have the funding for the events. Some clubs expressed concerns about the ages of their swimmers (more younger swimmers) and the fact this could limit them in entering ML to ask swim wales if there is a way to have a swimmer join the event if they are not registered – possible something similar to Open Water as a day registration? Colours gala was suggested - mix all the clubs together in to team colours to enter</p> <p>Disciplinary &amp; Complaints procedure ML has edited &amp; added a few phrases to cover ourselves if the code of conduct is broken. Everyone was happy, so these will be added to PCS policy to update.</p> <p>Master relays ( cost &amp; closing date to pick team) COST - ML questioned if Masters relays could be paid for by PCS (which is who they enter under) rather than the swimmers themselves? CLOSING DATE TO PICK TEAM – a suggestion of 7 days before the meet closes</p> <p>Swim Wales are wanting everyone to be set up on Just Go, where Codes of Conducts will need to be signed. We need to check if this is just for clubs or also County swimmers?</p>	<p><b>This will be checked &amp; confirmed with DA</b></p>

<b>11.</b>	<b>AGM</b>	A possible date for early 2024, once the accounts have been finalised.  Date to be confirmed	
<b>12.</b>	<b>A.O.B</b>	The next meeting will be arranged after the accounts have been finalised & before the AGM  Date to be confirmed	